

## Reference

- Abdul Karim, A., Azlan, A., Ismail, A., Hashim, P., Abd Gani, S. S., Zainudin, B. H., & Abdullah, N. A. (2016). Efficacy of cocoa pod extract as anti wrinkle gel on human skin surface. *Journal of cosmetic dermatology*, 15(3), 283-295. <http://dx.doi.org/10.1111/jocd.12218>
- Abdul Karim, A., Azlan, A., Ismail, A., Hashim, P., Abd Gani, S. S., Zainudin, B. H., & Abdullah, N. A. (2014). Phenolic composition, antioxidant, anti-wrinkles and tyrosinase inhibitory activities of cocoa pod extract. *BMC complementary and alternative medicine*, 14(1), 1-13.
- Addor, F. A. S. A. (2017). Antioxidants in dermatology. *Anais brasileiros de dermatologia*, 92, 356-362.
- Ag Selecí, D., Selecí, M., Walter, J. G., Stahl, F., & Scheper, T. (2016). Niosomes as nanoparticulate drug carriers: fundamentals and recent applications. *Journal of nanomaterials*, 2016.
- Ahmed, F., & Iqbal, M. (2018). Antioxidant activity of Ricinus communis. *Organic & Medicinal Chemistry International Journal*, 5(4), 107-112.
- Akbarzadeh, A., Rezaei-Sadabady, R., Davaran, S., Joo, S. W., Zarghami, N., Hanifehpour, Y., ... & Nejati-Koshki, K. (2013). Liposome: classification, preparation, and applications. *Nanoscale research letters*, 8(1), 1-9.
- Alighiri, D., Nuzulina, K., Rodhiyah, M., & Drastisianti, A. (2019, October). Optimization of condition extraction in quantification of total flavonoid content in the seeds of the Arummanis (Mangifera indica L.) mango from Indonesia. In *Journal of Physics: Conference Series* (Vol. 1321, No. 2, p. 022041). IOP Publishing.
- Alkilani, A. Z., McCrudden, M. T., & Donnelly, R. F. (2015). Transdermal drug delivery: innovative pharmaceutical developments based on disruption of the barrier properties of the stratum corneum. *Pharmaceutics*, 7(4), 438-470.
- Bansal, S., Aggarwal, G., Chandel, P., & Harikumar, S. L. (2013). Design and development of cefdinir niosomes for oral delivery. *Journal of pharmacy & bioallied sciences*, 5(4), 318.
- Bartelds, R., Nematollahi, M. H., Pols, T., Stuart, M. C., Pardakhty, A., Asadikaram, G., & Poolman, B. (2018). Niosomes, an alternative for liposomal delivery. *PLoS One*, 13(4), e0194179. <https://doi.org/10.1371/journal.pone.0194179>
- Benson, H. A. (2012). Skin structure, function, and permeation. *Topical and Transdermal Drug Delivery: Principles and Practice*, 1st ed.; Benson, HAE, Watkinson, AC, Eds, 1-22.
- Blueschke, G., Boico, A., Negussie, A. H., Yarmolenko, P., Wood, B. J., Spasojevic, I., ... & Klitzman, B. (2018). Enhanced drug delivery to the skin using liposomes. *Plastic and Reconstructive Surgery Global Open*, 6(7). doi: 10.1097/GOX.0000000000001739
- Bouwstra, J. A., & Ponec, M. (2006). The skin barrier in healthy and diseased state. *Biochimica et Biophysica Acta (BBA)-Biomembranes*, 1758(12), 2080-2095.
- Brown, T. M., & Krishnamurthy, K. (2020). Histology, dermis. StatPearls [Internet].
- Burgess, S. (1998). Liposome Preparation-Avanti® Polar Lipids. Sigma-Aldrich.
- Cádiz-Gurrea, M. D. L. L., Fernández-Ochoa, Á., Leyva-Jiménez, F. J., Guerrero-Muñoz, N., Villegas-Aguilar, M. D. C., Pimentel-Moral, S., ... & Segura-Carretero, A. (2020). LC-MS and spectrophotometric approaches for evaluation of bioactive compounds from Peru cocoa by-products for commercial applications. *Molecules*, 25(14), 3177. <https://doi.org/10.3390/molecules25143177>
- Cerretani, L., & Bendini, A. (2010). Rapid assays to evaluate the antioxidant capacity of phenols in virgin olive oil. In *Olives and olive oil in health and disease prevention* (pp. 625-635). Academic Press.
- Chaudhri, S. K., & Jain, N. K. (2014). History of cosmetics. *Asian Journal of Pharmaceutics (AJP)*: Free full text articles from Asian J Pharm, 3(3). <https://dx.doi.org/10.22377/ajp.v3i3.260>
- Choi, M. J., & Maibach, H. I. (2005). Liposomes and niosomes as topical drug delivery systems. *Skin pharmacology and physiology*, 18(5), 209-219. <https://doi.org/10.1159/000086666>
- D'Orazio, J., Jarrett, S., Amaro-Ortiz, A., & Scott, T. (2013). UV radiation and the skin. *International journal of molecular sciences*, 14(6), 12222-12248.

- Du, J., Cullen, J. J., & Buettner, G. R. (2012). Ascorbic acid: chemistry, biology and the treatment of cancer. *Biochimica et Biophysica Acta (BBA)-Reviews on Cancer*, 1826(2), 443-457.
- Działo, M., Mierziak, J., Korzun, U., Preisner, M., Szopa, J., & Kulma, A. (2016). The potential of plant phenolics in prevention and therapy of skin disorders. *International journal of molecular sciences*, 17(2), 160. <https://doi.org/10.3390/ijms17020160>
- Effendy, I., & Maibach, H. I. (1995). Surfactants and experimental irritant contact dermatitis. *Contact dermatitis*, 33(4), 217-225.
- Espinosa-Diez, C., Miguel, V., Mennerich, D., Kietzmann, T., Sánchez-Pérez, P., Cadenas, S., & Lamas, S. (2015). Antioxidant responses and cellular adjustments to oxidative stress. *Redox biology*, 6, 183-197.
- Farage, M. A., Miller, K. W., Elsner, P., & Maibach, H. I. (2008). Intrinsic and extrinsic factors in skin aging: a review. *International Journal of Cosmetic Science*, 30(2), 87-95.
- Favas, R., Morone, J., Martins, R., Vasconcelos, V., & Lopes, G. (2022). Cyanobacteria Secondary Metabolites as Biotechnological Ingredients in Natural Anti-Aging Cosmetics: Potential to Overcome Hyperpigmentation, Loss of Skin Density and UV Radiation-Deleterious Effects. *Marine drugs*, 20(3), 183.
- Fitri, E., Effendi, E., & Azra, A. (2021). Utilization of Dry Cocoa Pod Husks as an Antioxidant-Rich Herbal Drink. *Eksakta: Berkala Ilmiah Bidang MIPA* (E-ISSN: 2549-7464), 22(2), 102-109.
- Friedman, M., & Jürgens, H. S. (2000). Effect of pH on the stability of plant phenolic compounds. *Journal of agricultural and food chemistry*, 48(6), 2101-2110.
- Galetić, F., & Požega, N. (2019). Estimating the Determinants of Demand for Cosmetic Face Care Products. In *7th International OFEL Conference on Governance, Management and Entrepreneurship: Embracing Diversity in Organisations. April 5th-6th, 2019, Dubrovnik, Croatia* (pp. 485-500). Zagreb: Governance Research and Development Centre (CIRU).
- Ganceviciene, R., Liakou, A. I., Theodoridis, A., Makrantonaki, E., & Zouboulis, C. C. (2012). Skin anti-aging strategies. *Dermato-endocrinology*, 4(3), 308-319.
- Gharbavi, M., Amani, J., Kheiri-Manjili, H., Danafar, H., & Sharafi, A. (2018). Niosome: a promising nanocarrier for natural drug delivery through blood-brain barrier. *Advances in pharmacological sciences*, 2018.
- Gilaberte, Y., Prieto-Torres, L., Pastushenko, I., & Juarranz, Á. (2016). Anatomy and Function of the Skin. In *Nanoscience in Dermatology* (pp. 1-14). Academic Press.
- Ginting, B., Maulana, I., Saidi, N., & Astryna, S. Y. (2019). Isolation and activity antioxidant test of cocoa pod husk ethyl asetat extracts (*Theobroma cacao* L.). *Jurnal Natural*, 19(2), 49-53.
- Gonzalez, A. C. D. O., Costa, T. F., Andrade, Z. D. A., & Medrado, A. R. A. P. (2016). Wound healing-A literature review. *Anais brasileiros de dermatologia*, 91, 614-620.
- Gorzelanny, C., Mess, C., Schneider, S. W., Huck, V., & Brandner, J. M. (2020). Skin barriers in dermal drug delivery: which barriers have to be overcome and how can we measure them?. *Pharmaceutics*, 12(7), 684.
- Gragnani, A., Mac Cornick, S., Chominski, V., de Noronha, S. M. R., de Noronha, S. A. A. C., & Ferreira, L. M. (2014). Review of major theories of skin aging. *Advances in Aging Research*, 2014.
- Guan, L., Liu, X., Xiao, F., Zeng, M., & Chen, Y. (2016). Characterization of elastic niosomes prepared with various nonionic surfactants for lidocaine hydrochloride transdermal delivery. *Nanoscience and Nanotechnology Letters*, 8(12), 1033-1039.
- Gupta, M., Vaidya, B., Mishra, N., & Vyas, S. P. (2011). Effect of surfactants on the characteristics of fluconazole niosomes for enhanced cutaneous delivery. *Artificial Cells, Blood Substitutes, and Biotechnology*, 39(6), 376-384.
- Hamilton, J. A., Johnson, R. A., Corkey, B., & Kamp, F. (2001). Fatty acid transport. *Journal of molecular neuroscience*, 16(2), 99-108.
- Jacobi, U., Kaiser, M., Toll, R., Mangelsdorf, S., Audring, H., Otberg, N., ... & Lademann, J. (2007). Porcine ear skin: an in vitro model for human skin. *Skin Research and Technology*, 13(1), 19-24.

- Jan, S., Khan, M. R., Rashid, U., & Bokhari, J. (2013). Assessment of antioxidant potential, total phenolics and flavonoids of different solvent fractions of *Monothecea buxifolia* fruit. *Osong public health and research perspectives*, 4(5), 246-254.
- Jadid, N., Hidayati, D., Hartanti, S. R., Arraniry, B. A., Rachman, R. Y., & Wikanta, W. (2017, June). Antioxidant activities of different solvent extracts of *Piper retrofractum* Vahl. using DPPH assay. In AIP conference proceedings (Vol. 1854, No. 1, p. 020019). AIP Publishing LLC.
- Joseph, E., & Singhvi, G. (2019). Multifunctional nanocrystals for cancer therapy: a potential nanocarrier. *Nanomaterials for drug delivery and therapy*, 91-116.
- Karim, A. A., Azlan, A., Ismail, A., Hashim, P., Abd Gani, S. S., Zainudin, B. H., & Abdullah, N. A. (2014). Phenolic composition, antioxidant, anti-wrinkles and tyrosinase inhibitory activities of cocoa pod extract. *BMC complementary and alternative medicine*, 14(1), 1-13.
- Kassem, M. G., Ahmed, A. M. M., Abdel-Rahman, H. H., & Moustafa, A. H. (2019). Use of Span 80 and Tween 80 for blending gasoline and alcohol in spark ignition engines. *Energy Reports*, 5, 221-230.
- Kedare, S. B., & Singh, R. P. (2011). Genesis and development of DPPH method of antioxidant assay. *Journal of food science and technology*, 48(4), 412-422.
- Khalil, H. A., Hossain, M. S., Rosamah, E., Azli, N. A., Saddon, N., Davoudpoura, Y., ... & Dungani, R. (2015). The role of soil properties and it's interaction towards quality plant fiber: A review. *Renewable and Sustainable Energy Reviews*, 43, 1006-1015.
- Khan, S., Baboota, S., Ali, J., Khan, S., Narang, R. S., & Narang, J. K. (2015). Nanostructured lipid carriers: an emerging platform for improving oral bioavailability of lipophilic drugs. *International journal of pharmaceutical investigation*, 5(4), 182.
- Kilama, G., Lating, P. O., Byaruhanga, J., & Biira, S. (2019). Quantification and characterization of cocoa pod husks for electricity generation in Uganda. *Energy, Sustainability and Society*, 9(1), 1-11.
- Kim, B., Cho, H. E., Moon, S. H., Ahn, H. J., Bae, S., Cho, H. D., & An, S. (2020). Transdermal delivery systems in cosmetics. *Biomedical Dermatology*, 4(1), 1-12.
- Kim, J., Lee, K. W., & Lee, H. J. (2011). Cocoa (*Theobroma cacao*) seeds and phytochemicals in human health. In *Nuts and seeds in health and disease prevention* (pp. 351-360). Academic Press. <https://doi.org/10.1016/B978-0-12-375688-6.10042-8>
- Kob, W., Sciortino, F., & Tartaglia, P. (2000). Aging as dynamics in configuration space. *EPL (Europhysics Letters)*, 49(5), 590.
- Kolarsick, P. A., Kolarsick, M. A., & Goodwin, C. (2011). Anatomy and physiology of the skin. *Journal of the Dermatology Nurses' Association*, 3(4), 203-213.
- Kurutas, E. B. (2015). The importance of antioxidants which play the role in cellular response against oxidative/nitrosative stress: current state. *Nutrition journal*, 15(1), 1-22.
- Levillain, A., Orhant, M., Turquier, F., & Hoc, T. (2016). Contribution of collagen and elastin fibers to the mechanical behavior of an abdominal connective tissue. *Journal of the mechanical behavior of biomedical materials*, 61, 308-317.
- Liguori, I., Russo, G., Curcio, F., Bulli, G., Aran, L., Della-Morte, D., ... & Abete, P. (2018). Oxidative stress, aging, and diseases. *Clinical interventions in aging*, 13, 757.
- Lopez-Ojeda, W., Pandey, A., Alhajj, M., & Oakley, A. M. (2020). Anatomy, Skin (Integument). StatPearls [Internet].
- Lu, B., Huang, Y., Chen, Z., Ye, J., Xu, H., Chen, W., & Long, X. (2019). Niosomal nanocarriers for enhanced skin delivery of quercetin with functions of anti-tyrosinase and antioxidant. *Molecules*, 24(12), 2322.
- Matsumoto, T., Ikuta, N., Mori, M., & Nagayama, K. (2010). Mechanics of wrinkle formation: micromechanical analysis of skin deformation during wrinkle formation in ultraviolet-irradiated mice. *Skin Research and Technology*, 16(2), 179-189.
- Miranda, M., Cardoso, C., & Vitorino, C. (2020). Fast Screening Methods for the Analysis of Topical Drug Products. *Processes*, 8(4), 397.

- Moghassemi, S., & Hadjizadeh, A. (2014). Nano-niosomes as nanoscale drug delivery systems: an illustrated review. *Journal of controlled release*, 185, 22-36.
- Mumtaz, S., Ali, S., Tahir, H. M., Kazmi, S. A. R., Shakir, H. A., Mughal, T. A., ... & Farooq, M. A. (2021). Aging and its treatment with vitamin C: a comprehensive mechanistic review. *Molecular Biology Reports*, 1-13.
- Mu'nisa, A., Pagarra, H., & Maulana, Z. (2018). Active compounds extraction of cocoa pod husk (*Theobroma cacao L.*) and potential as fungicides. In *Journal of physics: Conference series* (Vol. 1028, No. 1, p. 012013). IOP Publishing.
- Nguyen, V. T., Tran, T. G., & Tran, N. L. (2021). Phytochemical compound yield and antioxidant activity of cocoa pod husk (*Theobroma cacao L.*) as influenced by different dehydration conditions. *Drying Technology*, 1-13.
- Nowroozi, F., Almasi, A., Javidi, J., Haeri, A., & Dadashzadeh, S. (2018). Effect of surfactant type, cholesterol content and various downsizing methods on the particle size of niosomes. *Iranian journal of pharmaceutical research: IJPR*, 17(Suppl2), 1.
- Padayatty, S. J., Katz, A., Wang, Y., Eck, P., Kwon, O., Lee, J. H., ... & Levine, M. (2003). Vitamin C as an antioxidant: evaluation of its role in disease prevention. *Journal of the American college of Nutrition*, 22(1), 18-35.
- Papakonstantinou, E., Roth, M., & Karakiulakis, G. (2012). Hyaluronic acid: A key molecule in skin aging. *Dermato-endocrinology*, 4(3), 253-258.
- Pardridge, W. M. (2012). Drug transport across the blood–brain barrier. *Journal of cerebral blood flow & metabolism*, 32(11), 1959-1972.
- Patel, K. K., Kumar, P., & Thakkar, H. P. (2012). Formulation of niosomal gel for enhanced transdermal lopinavir delivery and its comparative evaluation with ethosomal gel. *AAPS pharmscitech*, 13(4), 1502-1510.
- Payum, T., Das, A. K., Shankar, R., Tamuly, C., & Hazarika, M. (2014). Antioxidant potential of solanum spirale shoot and berry: a medicinal food plant used in Arunachal Pradesh. *American Journal of Pharmatech Research*, 5(4), 307-314.
- Pierre, M. B. R., & Costa, I. D. S. M. (2011). Liposomal systems as drug delivery vehicles for dermal and transdermal applications. *Archives of dermatological research*, 303(9), 607-621. <https://doi.org/10.1007/s00403-011-1166-4>
- Pittayapruet, P., Meephansan, J., Prapapan, O., Komine, M., & Ohtsuki, M. (2016). Role of matrix metalloproteinases in photoaging and photocarcinogenesis. *International journal of molecular sciences*, 17(6), 868.
- Polychniatou, V., & Tzia, C. (2014). Study of formulation and stability of co-surfactant free water-in-olive oil nano-and submicron emulsions with food grade non-ionic surfactants. *Journal of the American Oil Chemists' Society*, 91(1), 79-88.
- Pullar, J. M., Carr, A. C., & Vissers, M. (2017). The roles of vitamin C in skin health. *Nutrients*, 9(8), 866.
- Rahim, I., Nasruddin, A., Kuswinanti, T., Asrul, L., & Rasyid, B. (2018). Utilization of cocoa pod husk waste composting by tremella sp and pleurotus sp as a medium to growth of cocoa seedling. In *IOP Conference Series: Earth and Environmental Science* (Vol. 156, No. 1, p. 012012). IOP Publishing.
- Ratnavathi, C. V., & Komala, V. V. (2016). Sorghum grain quality. In *Sorghum biochemistry* (pp. 1-61). Academic Press.
- Ribeiro, A. S., Estanqueiro, M., Oliveira, M. B., & Sousa Lobo, J. M. (2015). Main benefits and applicability of plant extracts in skin care products. *Cosmetics*, 2(2), 48-65. <https://doi.org/10.3390/cosmetics2020048>
- Rojo-Poveda, O., Barbosa-Pereira, L., Zeppa, G., & Stévigny, C. (2020). Cocoa bean shell—a by-product with nutritional properties and biofunctional potential. *Nutrients*, 12(4), 1123. <https://doi.org/10.3390/nu12041123>

- Safitri, F. I., Nawangsari, D., & Febrina, D. (2021, January). Overview: Application of Carbopol 940 in Gel. In International Conference on Health and Medical Sciences (AHMS 2020) (pp. 80-84). Atlantis Press.
- Schagen, S. K., Zampeli, V. A., Makrantonaki, E., & Zouboulis, C. C. (2012). Discovering the link between nutrition and skin aging. *Dermato-endocrinology*, 4(3), 298-307.
- Sharma, V., Anandhakumar, S., & Sasidharan, M. (2015). Self-degrading niosomes for encapsulation of hydrophilic and hydrophobic drugs: an efficient carrier for cancer multi-drug delivery. *Materials Science and Engineering: C*, 56, 393-400.
- Sheraz, M. A., Khan, M. F., Ahmed, S. O. F. I. A., Kazi, S. H., & Ahmad, I. Q. B. A. L. (2015). Stability and stabilization of ascorbic acid. *Househ. Pers. Care Today*, 10, 22-25.
- Sidbury, R. (2018). Newborn Skin Development: Structure and Function. In Avery's Diseases of the Newborn (pp. 1468-1474). Elsevier.
- Sjövall, P., Skedung, L., Gregoire, S., Biganska, O., Clément, F., & Luengo, G. S. (2018). Imaging the distribution of skin lipids and topically applied compounds in human skin using mass spectrometry. *Scientific reports*, 8(1), 1-14.
- Sumaiyah, S. S., Masfria, M. M., & Dalimunthe, A. (2018). Determination of total phenolic content, total flavonoid content, and antimutagenic activity of ethanol extract nanoparticles of raphidophora pinnata (Lf) schott leaves. *Rasayan Journal of Chemistry*, 11(2), 505-10.
- Telang, P. S. (2013). Vitamin C in dermatology. *Indian dermatology online journal*, 4(2), 143.
- Trommer, H., & Neubert, R. H. H. (2006). Overcoming the stratum corneum: the modulation of skin penetration. *Skin pharmacology and physiology*, 19(2), 106-121.
- Tungmunnithum, Duangjai, Areeya Thongboonyou, Apinan Pholboon, and Aujana Yangsabai. "Flavonoids and other phenolic compounds from medicinal plants for pharmaceutical and medical aspects: An overview." *Medicines* 5, no. 3 (2018): 93.
- Vu, M. T., Le, N. T. T., Pham, T. L. B., Nguyen, N. H., & Nguyen, D. H. (2020). Development and characterization of soy lecithin liposome as potential drug carrier systems for codelivery of letrozole and paclitaxel. *Journal of Nanomaterials*, 2020.
- Yaghoobian, M., Haeri, A., Bolourchian, N., Shahhosseni, S., & Dadashzadeh, S. (2020). The impact of surfactant composition and surface charge of niosomes on the oral absorption of repaglinide as a BCS II model drug. *International Journal of Nanomedicine*, 15, 8767.
- Yahya, M., Ginting, B., & Saidi, N. (2021). In-Vitro Screenings for Biological and Antioxidant Activities of Water Extract from Theobroma cacao L. Pod Husk: Potential Utilization in Foods. *Molecules*, 26(22), 6915.
- Yeo, L. K., Chaw, C. S., & Elkordy, A. A. (2019). The effects of hydration parameters and co-surfactants on methylene blue-loaded niosomes prepared by the thin film hydration method. *Pharmaceuticals*, 12(2), 46.
- Yousef, H., Alhajj, M., & Sharma, S. (2017). Anatomy, skin (integument), epidermis.
- Yoshioka, T., Sternberg, B., & Florence, A. T. (1994). Preparation and properties of vesicles (niosomes) of sorbitan monoesters (Span 20, 40, 60 and 80) and a sorbitan triester (Span 85). *International journal of pharmaceutics*, 105(1), 1-6.
- Yusof, F., Khanahmadi, S., Amid, A., & Mahmod, S. S. (2016). Cocoa pod husk, a new source of hydrolase enzymes for preparation of cross-linked enzyme aggregate. *Springerplus*, 5(1), 1-18.
- Zhang, H. (2017). Thin-film hydration followed by extrusion method for liposome preparation. In *Liposomes* (pp. 17-22). Humana Press, New York, NY.
- Zhang, P., Martin, M., Michalek, S. M., & Katz, J. (2005). Role of mitogen-activated protein kinases and NF- $\kappa$ B in the regulation of proinflammatory and anti-inflammatory cytokines by *Porphyromonas gingivalis* hemagglutinin B. *Infection and immunity*, 73(7), 3990-3998.
- Zheng, Y., Ouyang, W. Q., Wei, Y. P., Syed, S. F., Hao, C. S., Wang, B. Z., & Shang, Y. H. (2016). Effects of Carbopol® 934 proportion on nanoemulsion gel for topical and transdermal drug delivery: a skin permeation study. *International Journal of Nanomedicine*, 11, 5971.