Abstract

The Tunisian thyme Thymus capitatus has shown promising antioxidant activity. The objective

of this study was to investigate the antioxidant activities and the toxicological effects of *T. capitatus* 

ethanolic extracts using in vitro antioxidant assays and MTT assay in Caco-2 and RAW 264.7 cell lines.

In this study, Folin-Ciocalteau, DPPH, ABTS, and FRAP assays were performed to assess the total

phenolic content and antioxidant activity. Additionally, MTT assay was conducted to check the

toxicological effects of the extracts towards the cell viability of Caco-2 and RAW 264.7 cell lines.

Our results suggested that our Tunisian T. capitatus extracts exhibited a significant difference

for their antioxidant activity and their toxicological effects to models of human intestines. A slight

difference in total phenolic content and antioxidant activities, based on DPPH and ABTS assays, were

found between KMP and TMP extracts. Whereas, a significantly higher antioxidant activity based on

FRAP assay was found in KMP extract compared to TMP extract, both in lower concentrations. Both

extracts resulted in significant increase of cell viability for undifferentiated Caco-2 cells with a possible

toxic effect in higher concentrations, particularly for KMP polyphenol. Collectively, the antioxidant

activities and toxicological effects of Thymus capitatus were shown in the current study, with KMP

extract having higher potential as supplement due to its higher ferric reducing power without showing

cytotoxicity towards human intestinal cell model in lower concentrations. The difference in

antioxidant activity and toxicological effect between both Tunisian T. capitatus extracts might be

caused by different in phenolic compounds and composition.

Keywords: Thymus capitatus, DPPH, ABTS, FRAP, MTT